# Janet Gervers • jagmedia.net



# Vision Board Examples



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### Vision Board Examples





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### Creating Your Vision Board

#### 1. Hands on

Collect images from Magazines, Brochures, Photos Cut /Tear them and Paste/Tape on Poster Board

### 2. Hybrid

Collect images from Magazines, Brochures, Photos Search Online, Stock Photos, Download & Print Cut /Tear them and Paste/Tape on Poster Board

#### 3. App

Use Your Favorite App that You Know WELL



### Vision Board Tips

1. Use Images that are Meaningful to YOU It's YOUR Vision Board, not about what others think

2. Primarily Visuals, at least 80-85% Text is ok to use

### 3. Gather a Collection of Images

When you find images that resonate with you throughout the year for your next Vision Board as your Vision shifts, changes and evolves



### 5 Pillars of Life

- 1. Relationships
- 2. Self-Care
- 3. Career
- 4. Money
- 5. Freedom

# Vision Board Tips: After Creating It

### 1. Place it Where You Can Easily See it

Display Your Vision Board in a place and in a way that works for you: Frame it, Digital Screen Saver, Print Out, Take Photos to View on Your Mobile Phone

#### 2. View it Twice a Day

Make a Repeating Calendar event to View Vision Board

#### 3. Review & Renew Your Vision

Create a New Vision Board as your Vision changes Create a Focused Vision Board on 1 of 5 Pillars



### Next Step: Achieve Your Vision

**Group Program: 6 Sessions, 1 Hour a Week, Live on Zoom** 

#### PLUS:

Recording of
Each Session
30 Minute
Visioning CALL

Ongoing Support

Ongoing Guidance

Structure

Accountability

Stay Focused

Keep Your Momentum Going

**Includes:** 

Discussion

Masterminds

**Focused Vision Boards** 

**Writing Exercises** 

**Strategies** 

Dates: February 8, (Skip Valentines week), February 22, March 1, March 8, (Skip week), March 22, March 29

Investment: \$397 Instead of: \$597 through Friday, February 3, 2023

Schedule a call with Janet: https://calendly.com/jagmedia

